

ABOUT US / SECTION:



The SJB LIFE TEEN YOUTH MINISTRY Program

serves all High school Teens in Grades 9 – 12

(Program September – August)



**WHAT DO TEENS AND PARENTS  
GET OUT OF LIFE TEEN?**

**A Young, vibrant Catholic Person with...**

- a life formed in the Gospel of Jesus Christ
- a life centered in the Eucharist and Sacraments
- a life marked by a growing awareness of one's emerging Catholic Identity and Maturity
- a life revealed by a deepening spiritual relationship with Jesus Christ and His people
- a life lived out in Love – strengthened by prayer, in social activities with other teens, in service, in fun, in creativity



**What is So special about the LIFE TEEN MASS?**

The LIFE TEEN Mass is the core of the program providing teens and their families with a liturgy fostering a more "full and active participation of the entire community". **The Mass, homily and music are specifically directed to Youth.**

Teens also take an active role in the ministries at the Mass specifically, Eucharistic Ministers, Lectors, Altar Servers, Ushers and Hospitality Greeters.

The heart of Worship is the encounter with Jesus Christ! Teens discover most profoundly the unconditional love of Christ in the Breaking of the Bread and in the sharing, praying community.

## **WHAT DO YOU DO IN SJB LIFETEEN?**

### **OUR ACTIVITIES:**

**Monthly: The LIFE Nights follow every monthly LIFE TEEN Mass.** We offer the opportunity for teens to go deeper in their faith! We go from the Table of the Eucharist to the table to enjoy each other! Food and Fun! Peer Mentors (trained High School Core Team Members) give through witness talks, and lead interactive discussion. Learn more about your living as a real disciple of Christ!

**BI-WEEKLY OPEN ROOM Nights** – *Sunday night is OPEN ROOM night.* In an informal, fun way, Teens join together in the YM Room for Fun and community! It's Teens interacting with Teens!

**Music Ministry** – *Join the Teen Choir* – Rehearsals are **Wednesdays from 7:00 to 8:00 pm in the Youth Ministry office.** All Singers and Musicians are welcome!

**Bible Study** – Our Program delves into the Life of the first Christians! See calendar for dates and times. Open to all Teens and their families!

**YM Outings** – To Sports Events: Schaumburg Flyers, Bulls and Wolves!!! Annual Ski Trip to Villa Olivia in Bartlett; Six Flags Great America, movie nights, and more! To VIEW events, SEE our Monthly calendar!

**Retreats** – Teens have opportunities to be on retreat – away from the daily grind of school and pressures of life! This year we'll hold an overnight Lenten retreat. Time for personal reflection; social interaction and team building; for the sacrament of Reconciliation and Eucharistic Adoration.

**Service Opportunities** – *On-Going* support to the local SJB Church and diocesan needs – Soup Kitchens, Nursing Homes, Local Parishioners in need, Uncle Pete's Ministry, and more!

**Annual Service CAMP Experience** – Teens Ages 14 and up are invited for a week-long experience through the *Alive in You Service Camp*. **See our pix from Camp 2009!!!!** *Join us in Summer 2010!* Go to the link [www.aliveinyou.com](http://www.aliveinyou.com)